

Why learning a new language should be on everyone's To-Do list

A new language can bring benefits far beyond the ability to order a beer in a new country

There's no denying it- learning a new language can be hard! From the challenge of finding a good teacher to the need to find native speakers for conversation practice, sometimes it feels like an uphill struggle when you want to learn a new lingo.

So why should you bother? What can learning a new language do for you?

Boost your brain

First and foremost, your brain will thank you.

It's a proven fact that speaking more than one language can lead to [real benefits for the brain](#). Fancy an improvement in your memory and short-term recall skills? Languages can help you. How about an improvement in your problem-solving skills? Yes, languages have got something to offer there too.

Take care of your brain and it will take care of you back. There's a reason why people like to do puzzles, solve word jumbles, learn to speak Spanish- it's a great way to exercise the best asset you've got, your mind.

Explore the world

Languages can also open up the world. Imagine strolling down a sunny street on holiday, being able to say hello to the people you meet? Or ordering the best dishes from a menu because you know exactly what's in them? Not to mention being able to talk to your fellow travelers with confidence.

It can be daunting stepping off an airplane without the ability to understand what's going on around you, but learning a new language can help take away that fear. Feeling confident and safe when abroad is so important and languages can give you that gift.

Being able to speak to the people you meet while traveling will really enrich your experience, as well as saving you money when you can strike a good deal. Win win!

Enhance your career

Fancy some improved job prospects? Well the respected Economist magazine recently discussed the [benefits that languages can bring](#) to your long-term career, and by all accounts they're pretty numerous! (The Economist, 2014)

Learning a new language could get you an increased pay packet and a better chance at getting competitive positions in your chosen industry. Yes, knowing another language really can help you earn more!

[Pick the learning method that's right for you](#)

So with the evidence mounting that learning a language should be on everyone's to-do list, all that remains is to choose the best method for you.

Some people learn well in a classroom environment, while others prefer to learn in their own time at home. Some like to study grammar and memorize spellings whereas others want to launch into a conversation with a native speaker and learn as they go.

Whichever method is right for you though, there's nothing like practicing a language in its native country so it's the perfect reason to book a trip away to try out your new-found skills!

The path to learning a new language is an incredibly fulfilling one. With all these benefits up for grabs you won't regret taking that first step on the journey.

Happy learning!